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# Confirmation of COVID-19 in Outof-Hospital Cardiac Arrest Patients and Postmortem Management in the Emergency Department during the COVID-19 Outbreak

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# ABSTRACT

Background: There is currently a lack of evidence-based postresuscitation or postmortem guidelines for patients with out-of-hospital cardiac arrest (OHCA) in the setting of an emerging infectious disease. This study aimed to develop and validate a multimodal screening tool that aids in predicting the disease confirmation in emergency situations and patients with OHCA during a coronavirus disease 2019 (COVID-19) outbreak. Materials and Methods: We conducted a retrospective, multicenter observational study of adult patients with OHCA in Daegu, Korea. To identify the potential predictors that could be used in screening tools in the emergency department, we applied logistic regression to data collected from March 1 to March 14. The prediction performance of the screening variables was then assessed and validated on the data of patients with OHCA who were treated between February 19 and March 31, 2020. General patient characteristics and hematological findings of the COVID-19-negative and COVID-19-positive groups were compared. We also evaluated confirmation test criteria as predictors for COVID-19 positivity in patients with OHCA. Results: Advanced age, body temperature, and abnormal chest X-ray (CXR) revealed significant predictive ability in the derivation cohort. Of the 184 adult patients with OHCA identified in the validation cohort, 80 patients were included in the analysis. Notably, 9 patients were positive and 71 were negative on the COVID-19 reverse transcription polymerase chain reaction test. Five patients (55.6%) in the COVID-19-positive group had a fever before OHCA, and 12 (16.9%) of the COVID-19-negative group had a fever before OHCA (P = 0.018). Eight patients (88.9%) in the COVID-19-positive group had a CXR indicating pneumonic infiltration. Of the criteria for predicting COVID-19, fever or an abnormal CXR had a sensitivity of 100% (95% confidence interval [CI]: 65.4 - 100) and a specificity of 22.5% (95% CI: 13.5 – 34.0).

Conclusion: The screening tools that combined fever or abnormal CXR had a good

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#### **Conflict of Interest**

No conflicts of interest.

#### **Author Contributions**

Conceptualization: CK, IHY. Project administration: JKK, JWC, SHL, YHM, SHL, YHK. Data curation: JKK, HSC, HJ, JWC, SHL, YHM, SHL, YHK. Formal analysis: IHY, JYH, MJL. Methodology: JYH, MJL. Validation: YC, MJL. Visualization: IHY. Writing-original draft: CK, IHY, YC. Writing-review & editing: CK, IHY, MJL. discriminatory ability for COVID-19 infection in adult patients with OHCA. Therefore, during the COVID-19 outbreak period, it is recommended to suspect COVID-19 infection and perform COVID-19 test if patients present with a history of fever or show abnormal findings in postmortem CXR.

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Keywords: COVID-19; Heart arrest; Fever; Chest X-ray; Screening

# INTRODUCTION

In November 2019, atypical pneumonia caused by coronavirus disease 2019 (COVID-19) was reported in Wuhan, China. A large COVID-19 outbreak caused by local transmission and community spread started in Daegu and North Gyeongsang province shortly after the confirmation of the first community-acquired infection in Daegu on February 18, 2020. On March 31, 7 weeks after the outbreak started, the Korea Centers for Disease Control and Prevention (KCDC) announced 9,786 confirmed cases and 162 deaths from COVID-19 nationwide and 7,984 confirmed cases (81.6%) and 152 deaths (93.8%) from COVID-19 in Daegu and the North Gyeongsang province, respectively [1-4]. In addition, patients with out-of-hospital cardiac arrest (OHCA) with confirmed COVID-19 infection after cardiopulmonary resuscitation (CPR) during the COVID-19 outbreak began to appear. Subsequent COVID-19 confirmed cases had led to repeated emergency department (ED) closures and medical staff quarantine [5].

However, at the time of this unprecedented outbreak, treatment guidelines or studies for patients with OHCA had not been established. Moreover, there were no studies that can predict whether patients with OHCA were infected with COVID-19. Therefore, COVID-19 test was decided at the discretion of the ED doctor (**Fig. 1**).

When COVID-19 was the primary reason for the cardiac arrest, patients may have high viral loads, suggesting a high risk of transmission [6]. Therefore, it was essential to protect healthcare workers who participated in CPR from infection to perform epidemiologic investigations for contact tracing and to ensure the implementation of procedures to prevent the spread of infection during the funeral. This study aimed to develop and validate a simple multimodal screening tool that aids in predicting the disease confirmation in emergency situations.

# MATERIALS AND METHODS

## 1. Study setting and data collection

Daegu is a city with a population of 2.43 million, with 2,897 reported cases of emergency medical service (EMS)–treated adult OHCA in 2018. Daegu has 2 regional and 4 local emergency medical centers with 19 emergency rooms. Because advanced cardiac life support, postcardiac arrest care, and cardiovascular interventions are available in all these centers, these 6 emergency medical centers treat most patients with cardiac arrest.

Data of all patients who visited all 6 emergency centers in Daegu during the outbreak period from February 19 to March 31, 2020, were managed in a registration system, and primary data were analyzed. We established community research groups under the name WinCOVID-19

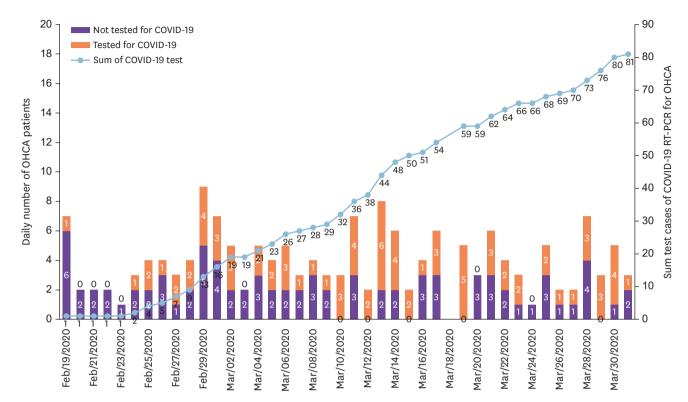


Figure 1. Sum test cases of COVID-19 RT-PCR for OHCA during the COVID-19 outbreak in Daegu. COVID-19, coronavirus disease 2019; RT-PCR, reverse transcription polymerase chain reaction; OHCA, out of hospital cardiac arrest.

in Daegu. The target patients were registered using a prepared uniform dataset based on the emergency center census and EMS sheet, and the medical records of the subjects were retrospectively reviewed.

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## 2. Derivation cohort

The derivation cohort was used to develop the early warning characteristics of suspected COVID-19 infection during the early outbreak phase. We evaluated all emergency patients (over 18 years) who had undergone COVID-19 reverse transcription polymerase chain reaction (RT-PCR) tests in a regional emergency medical center from March 1 to March 21. To evaluate COVID-related variables, we obtained data, such as clinical symptoms or signs (sore throat and cough), initial vital signs (systolic pressure, heart rate, respiratory rate, oxygen saturation, and body temperature), epidemiologic risk factors (high-risk cluster, contact with patients with confirmed COVID-19, exposure history), chest X-ray (CXR) findings (pneumonic infiltration, parapneumonic pleural effusion), and clinical outcomes at ED discharge or during hospitalization.

From March 1 to March 21, 262 eligible patients who visited in a regional emergency center were identified, 20 of whom were excluded because vital signs were absent on arrival (n = 3)or there was data duplication (revisit of >2 times; n = 17). The remaining 242 patients were used as the derivation cohort. The criteria for screening COVID-19-positive patients were then determined using univariate and multivariable logistic analysis. We analyzed the data to identify the associations between the epidemiologic and clinical characteristics and positive COVID-19 tests of the patients. The adjusted odds ratios (ORs) were calculated after adjusting for sex, age, initial vital signs, exposure history, clinical features (hypoxia, tachypnea),

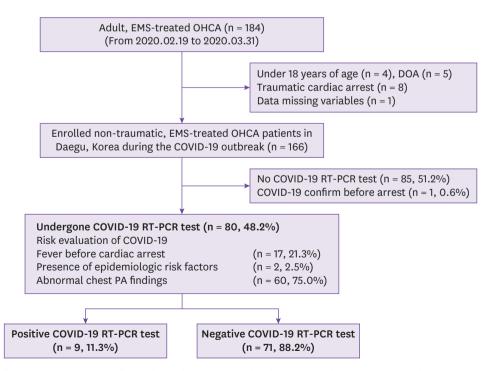
presence or absence of fever (defined as a temperature of  $\geq$ 37.5°C), and abnormal CXR findings. The characteristics of the adjusted ORs are presented using forest plots, and the ORs with 95% confidence intervals (CIs) were estimated.

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## 3. Validation cohort

The WinCOVID-19 citywide OHCA registry data were used to conduct a multicenter registrybased observational study. Validation cohort was used to develop a tool to screen for patients with COVID-19 among patients with OHCA using this uniform dataset. There were 184 EMStreated OHCA cases in Daegu during the study observation period from February 19 to March 31, 2020. We excluded children below the age of 18 years, those with trauma, dead on arrival cases, a previously COVID-19 confirmed case before cardiac arrest, and 85 cases that were not tested for COVID-19 (**Fig. 2**). Of the remaining OHCA cases, 80 cases who underwent an RT-PCR test were included in this study.

The study investigated patient data on gender, age, the conduct of CPR, and epidemiologic risk factors, such as exposure to infection (Shincheonji church members — members of a specific religious group in which a large outbreak occurred, a recent history of visiting a COVID-19 — affected country, contact with confirmed and suspected patients, and categorized in high-risk groups, such as patients from Daenam Hospital in Cheongdo–cohort quarantined hospital because of outbreaks, nursing homes with confirmed cases or from areas with cluster outbreaks, etc.). The following characteristics were also investigated: the presence or absence of fever, laboratory findings during the hospital visit, RT-PCR test results after CPR, the presence or absence of abnormal findings in postmortem CXRs (lung consolidation, pleural effusion, etc.).



**Figure 2.** OHCA patient enrollment during the COVID-19 outbreak in Daegu and patient characteristics. OHCA, out of hospital cardiac arrest; COVID-19, coronavirus disease 2019; DOA, death on arrival; EMS, emergency medical service; RT-PCR, reverse transcription-polymerase chain reaction.



For the validation cohort, patients were classified into COVID-19-positive and COVID-19-negative groups. Medical history, epidemiologic risk factors, presence or absence of fever, CXR results, and hematologic findings were compared. The criteria for screening COVID-19-positive patients were then determined using a validation analysis. We studied 7 types of combined predictive criteria which were created by the combination with fever, epidemiologic risk factors, and abnormal CXR. In evaluating the combination prediction models for COVID-19 in OHCAs, we extracted patients with OHCA who met the criteria for each dominating model of COVID-19 confirmation. To identify patients with OHCA with a risk of COVID-19, we calculated the sensitivities, specificities, positive predictive values (PPVs), negative predictive values (NPVs), and false-negative rate (FNR) and their respective 95% CIs. The predictive performance of these models was measured by the FNR for the rule (the probability that the model will suggest a negative case or misclassify a patient as not having the disease when the patient was confirmed with COVID-19) and the PPV of the model (the confirmation of COVID-19 when the model suggests the disease). The screening tool used to confirm or suspect the disease must be reliable with a high sensitivity and an FNR close to 0% with a narrow 95% CI.

## 4. Diagnostic tool of COVID-19

For the diagnosis of COVID-19, we used severe acute respiratory syndrome coronavirus 2 nucleic acid testing (2019-nCoV real-time PCR kit [KogeneBiotech, Seoul, Korea] and Allplex 2019nCoV Assay [Seegene, Seoul, Korea]–approved emergency diagnostic kits in Korea in February). Specimens were collected by doctors or nurses using nasopharyngeal swabs after CPR.

## 5. Statistical analysis

IBM SPSS Statistics version 25 (IBM Corp., Armonk, NY, USA) and MedCalc version 17 (MedCalc Software, Mariakerke, Belgium) were used for data analysis. Categorical variables are presented as frequency and percentage, whereas continuous variables are presented as the median and interquartile range (25th to 75th percentile). The chi-square or Fisher's exact test was used to compare categorical variables. The Shapiro–Wilk test was used to determine the normality of the variables. A *t*-test or one-way analysis of variance and the Mann–Whitney *U* test were used to compare continuous variables. All tests were 2 tailed, and *P* <0.05 was considered statistically significant.

### 6. Ethics statement

The Institutional Review Boards of Kyungpook National University Hospital (no. 2020-04032) and Kyungpook National University Chilgok Hospital (no. 2020-06040) approved this retrospective study, and participant informed consent was waived.

# RESULTS

#### **1. Derivation cohort**

The validation cohort included 242 patients with OHCA during the early COVID-19 outbreak. The univariable analysis for the ED general population is presented in **Table 1**. Patient demographics and predicting factors were analyzed using multivariable logistic regression, and the results are presented in **Table 2** and **Figure 3**. Advanced age, raised body temperature, and abnormal CXR indicated a significant predictive power for a positive COVID-19 test result. The ORs from the derivation model were as follows: 14.1 (95% CI, 3.2 - 62.7) for age above 65 years, 22.2 (95% CI, 1.93 - 57.71) for abnormal CXR, and 1.91 (95% CI,



Characteristics	Overall	Result of COV	P-value	
	(n = 242)	COVID-19 (+) (n = 54, 22.3%)	COVID-19 (-) (n = 188, 77.7%)	
Sex, n (%)				0.180
Male	115 (47.5)	30 (55.6)	85 (45.2)	
Female	127 (52.5)	24 (44.4)	103 (54.8)	
Age, median (IQR)	50.0 (34.0 - 65.5)	70.0 (59.0 - 79.0)	43.5 (32.0 - 58.0)	<0.001
18 - 40 years	91 (37.6)	4 (7.4)	87 (46.3)	<0.001
41 - 65 years	91 (37.6)	16 (29.6)	75 (39.9)	
>65 years	60 (24.8)	34 (63.0)	26 (13.8)	
Initial vital signs, median (IQR)				
Systolic pressure (mmHg) Diastolic pressure (mmHg) Pulse rate (per minute) Respiratory rate (per minute) Body temperature (°C)	, ,	146 (118 - 158) 80 (71 - 87) 92 (81 - 110) 20 (20 - 24)	149 (135 - 166) 87 (79 - 97) 93 (80 - 107) 20 (20 - 20)	0.024 0.001 0.818 <0.001
	37.3 (36.8 - 37.8)	37.3 (36.8 - 37.8)	37.3 (36.8 - 37.8)	0.889
Oxygen saturation (%)	99 (99 - 99)	98 (96 - 99)	99 (99 - 99)	<0.001
Respiratory screening signs Mild fever ≥37.5°C	100 (44 c)	05 (40.0)	02 (44 1)	0 700
Tachypnea (RR >20)	108 (44.6) 18 (7.4)	25 (46.3) 17 (31.5)	83 (44.1) 1 (0.5)	0.780 <0.001
Oxygen saturation ≤94%	9 (3.7)	9 (16.7)	0	<0.001
COVID-related symptoms	9 (3.7)	9 (10.7)	0	(0.001
Fever	97 (40.1)	24 (44.4)	73 (38.8)	0.458
Cough, dyspnea	68 (28.1)	13 (24.1)	55 (29.3)	0.455
Sore throat	56 (23.1)	9 (16.7)	47 (25.0)	0.201
Related symptom, any	164 (67.8)	33 (61.1)	131 (69.7)	0.235
Risk factors	101 (07.0)	00 (0111)	101 (0017)	0.200
Socio-epidemic contact	10 (4.1)	3 (5.6)	7 (3.7)	0.551
Travel history	0	0	0	_
High-risk cluster	9 (3.7)	3 (5.6)	6 (3.2)	0.418
Contact with patients	80 (33.1)	17 (31.5)	63 (33.5)	0.780
Exposure risk, any	90 (37.2)	20 (37.0)	70 (37.2)	0.979
Radiologic finding	()	()		<0.001
Normal finding	206 (85.1)	19 (35.2)	187 (99.5)	
Abnormality on chest X-ray	36 (14.9)	35 (64.8)	1 (0.5)	
Clinical outcomes	× /	~ /	× /	<0.001
Admission, ward	26 (10.7)	26 (48.1)	0	
Admission, ICU	6 (2.5)	6 (11.5)	0	
In-hospital death	11 (4.5)	11 (20.4)	0	

Table 1. General characteristics of the ED patients with screening RT-PCR test in COVID-19 outbreak (derivation cohort)

ED, emergency department; RT-PCR, reverse transcription-polymerase chain reaction; COVID-19, coronavirus disease 2019; IQR, interquartile range; RR, respiratory rate; ICU, intensive care unit.

1.02 - 3.59) for initial body temperature. The *P*-value of Hosmer–Lemeshow goodness-of-fit test was 0.633.

## 2. General characteristics of the validation cohort

A total of 80 patients with OHCA were included in the validation cohort; their general characteristics are presented in **Table 3**. Moreover, 9 cases were included in the COVID-19-positive group and 71 in the COVID-19-negative group, based on the COVID-19 RT-PCR test. There were 46 males (57.5%) and 34 females (42.5%). Notably, 20 patients (25.0%) were aged below 65 years and 60 (75.0%) were aged above 65 years. Gender, age, and prevalence of underlying diseases were not significantly different between the 2 groups. Clinical laboratory data of patients with OHCA are presented in **Supplementary Table 1**.

Two patients (2.8%) in the COVID-19-negative group had epidemiologic risk factors for COVID-19 infection, but none (0%) in the COVID-19-positive group had epidemiologic risk



Factors	Grouping of variables	Crude OR		Adjusted OR <sup>a</sup>	Adjusted OR <sup>a</sup>	
		OR (95% CI)	P-value	OR (95% CI)	P-value	
Age group	18 - 40 years	1		1		
	41 - 65 years	4.64 (1.49 - 14.48)	0.008	5.04 (1.15 - 22.02)	0.031	
	>65 years	28.44 (9.24 - 87.59)	<0.001	14.07 (3.18 - 62.32)	<0.001	
Sex	male	1.51 (0.82 - 2.78)	0.181	2.34 (0.83 - 6.67)	0.110	
Initial vital signs	Body temperature (°C)	1.14 (0.80 - 1.62)	0.469	1.91 (1.02 - 3.59)	0.044	
	Oxygen saturation (%)	0.455 (0.32 - 0.65)	<0.001	0.55 (0.24 - 1.25)	0.155	
	Mild fever (≥37.5°C)	1.09 (0.59 - 2.00)	0.780	-	-	
	Tachypnea (RR >20/min)	25.9 (11.1 - 66.5)	<0.001	0.99 (0.03 - 31.38)	0.999	
COVID-related symptoms	Fever	1.26 (0.68 - 2.32)	0.459	-	-	
	Cough, dyspnea	0.77 (0.38 - 1.54)	0.456	-	-	
	Sore throat	0.60 (0.27 - 1.32)	0.204	-	-	
	Symptom, any	0.68 (0.36 - 1.28)	0.236	0.69 (0.21 - 2.37)	0.699	
Epidemiologic risk factors	Socio-epidemic history	1.52 (0.38 - 6.09)	0.554	-	-	
	High-risk cluster	1.78 (0.43 - 7.38)	0.424	-	-	
	Contact with patients	0.91 (0.48 - 1.75)	0.780	-	-	
	Exposure risk, any	0.99 (0.53 - 1.85)	0.979	1.14 (0.38 - 3.39)	0.816	
Chest X-ray	Radiologic abnormality	34.4 (4.46 - 165.7)	<0.001	22.2 (1.93 - 57.71)	<0.001	

Table 2. Potential predictive factors for confirmation of COVID-19 in the derivation cohort

<sup>a</sup>Adjusted by age group, sex (male), body temperature, oxygen saturation detected by pulse oximetry, clinical features (hypoxia, tachypnea, mild fever), any exposure history, and abnormal radiologic finding on chest X-ray. To determine the logistic model calibration, we calculated the Hosmer-Lemeshow goodness of fit (*P* value = 0.633).

COVID-19, coronavirus disease 2019; OR, odds ratio; CI, confidence interval; RR, respiratory rate.

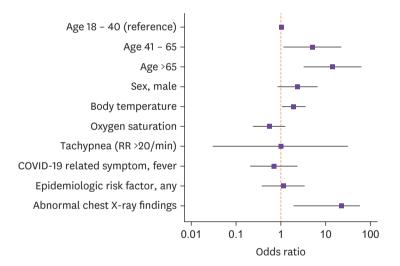


Figure 3. Forest plot for predicting potential factors for confirmation of COVID-19 in the derivation cohort. COVID-19, coronavirus disease 2019; RR, respiratory rate.

factors. Five patients (55.6%) in the COVID-19-positive group had a fever before OHCA, and 12 (16.9%) of the COVID-19-negative group had a fever before OHCA, which was significantly different between the 2 groups (P = 0.018). Eight patients (88.9%) of the COVID-19-positive group had a CXR indicating pneumonic infiltration. In the COVID-19-negative group, 52 patients (73.2%) had a CXR indicating pneumonic infiltration. Survival admissions were 11 (13.8%) and 10 (14.1%) in the COVID-19-negative group and 1 (11.1%) in the COVID-19-positive group. Furthermore, 6 (8.5%) in the COVID-19-negative group were discharged alive (survival), but none in the COVID-19-positive group.



Variables	All patients	COVID-19 F	P-value		
		Negative	Positive		
N	80 (100.0)	71 (88.2)	9 (11.3)		
Gender, n (%)				0.159	
Male	46 (57.5)	43 (60.6)	3 (33.3)		
Female	34 (42.5)	28 (39.4)	6 (66.7)		
Age, median (IQR)	75.5 (64.5 - 80.8)	75.0 (65.0 - 81.0)	77.0 (63.0 - 79.5)	0.921	
Age group, n (%)				0.684	
<65 years	20 (25.0)	17 (23.9)	3 (33.3)		
≥65 years	60 (75.0)	54 (76.1)	6 (66.7)		
Underlying disease, n (%)					
Hypertension	34 (42.5)	29 (40.8)	5 (55.6)	0.484	
Diabetes mellitus	26 (32.5)	22 (31.0)	4 (44.4)	0.46	
CKD	4 (5.0)	3 (4.2)	1 (11.1)	0.380	
Cancer	16 (20.0)	13 (18.3)	3 (33.3)	0.373	
COPD	4 (5.0)	4 (5.6)	0 (0.0)	1.00	
HF, MI, Angina	10 (12.5)	9 (12.7)	1 (11.1)	1.00	
Dementia, Parkinson	12 (15.0)	12 (16.9)	0 (0.0)	0.349	
ICH, Stroke	7 (8.8)	6 (8.5)	1 (11.1)	0.581	
LC, others	5 (6.3)	3 (4.2)	2 (22.2)	0.09	
Epidemiologic risk factorsª				0.786	
Absence	78 (97.5)	69 (97.2)	9 (100)		
Presence <sup>a</sup>	2 (2.5)	2 (2.8)	0 (0.0)		
Fever before OHCA <sup>b</sup>				0.018	
No	63 (78.8)	59 (83.1)	4 (44.4)		
Yes	17 (21.3)	12 (16.9)	5 (55.6)		
Chest X-ray				0.284	
Unremarkable	20 (25.0)	19 (26.8)	1 (11.1)		
Abnormal consolidation	60 (75.0)	52 (73.2)	8 (88.9)		
ROSC	22 (27.5)	19 (26.8)	3 (33.3)	0.70	
Survival Admission	11 (13.8)	10 (14.1)	1 (11.1)	1.00	
Survival Discharge	6 (7.5)	6 (8.5)	0 (0.0)	1.00	

Table 3. General characteristics of OHCA patients who had a COVID-19 RT-PCR test

<sup>a</sup>Epidemiologic risk factors for COVID-19: (Sincheonji church members, hospital staff, or patients from community infection areas like Cheongdodaenam hospital), history of recent visit to high-risk country, contact with a COVID-19 patient or COVID-19 suspected person.

<sup>b</sup>initial fever ≥37.5.

OHCA, out of hospital cardiac arrest; COVID-19, coronavirus disease 2019; RT-PCR, reverse transcriptionpolymerase chain reaction; IQR, interquartile range; CKD, chronic kidney disease; COPD, chronic obstructive pulmonary disease; HF, heart failure; MI, myocardial infarction; ICH, intracranial hemorrhage; LC, liver cirrhosis; ROSC, return of spontaneous circulation.

# 3. Ability of the confirmation test criteria to predict COVID-19 in patients with OHCA

The validation of the confirmation test criteria is presented in **Table 4**. The overall combined criteria of fever or abnormal CXR were superior, with a sensitivity of 100% (95% CI, 65.4 - 100), a specificity of 22.5% (95% CI, 13.5 - 34.0), a false-negative ratio of 0% (95% CI, 0 - 33.6), a PPV of 14.1% (95% CI, 7.0 - 25.5), and an NPV of 100% (95% CI, 75.9 - 100). After adding the epidemiologic risk factor, sensitivity and FNR were similar to the combined criteria of fever or abnormal CXR criteria (**Table 4**).

# DISCUSSION

We reviewed patients who developed OHCA during the outbreak and investigated the characteristics of patients with confirmed COVID-19. According to other studies, fever was the most common COVID-19 symptom and was present in 80% to 90% of confirmed patients

## Confirmation of COVID-19 for OHCA patients

Criteria	COVID (+)	COVID (-)	Sensitivity	Specificity	FNR	PPV	NPV
Fever <sup>a</sup>							
Met criteria	5	12	55.6%	83.1%	44.4%	29.4%	93.7%
Did not all fulfill criteria	4	59	(21.2 - 86.3)	(72.3 - 90.9)	(13.7 - 78.8)	(16.0 - 47.6)	(87.6 - 96.9)
Epidemiologic risk factors <sup>b</sup>							
Met criteria	0	2	0%	97.2%	100%	0%	88.5%
Did not all fulfill criteria	9	69	(0 - 33.6)	(90.2 - 99.6)	(66.4 - 100)	(0 - 80.2)	(78.7 - 94.2)
Abnormal CXR°							
Met criteria	8	52	88.9%	26.8%	11.1%	13.3%	95.0%
Did not all fulfill criteria	1	19	(51.8 - 99.7)	(16.9 - 38.6)	(0.3 - 48.2)	(10.5 - 16.8)	(74.2 - 99.2)
Fever or Epidemiologic risk factors							
Met any criteria	5	14	55.6%	80.3%	44.4%	26.3%	93.4%
Did not all fulfill criteria	4	57	(21.2 - 86.3)	(69.1 - 88.8)	(13.7 - 78.8)	(14.4 - 43.0)	(87.2 - 96.8)
Fever or Abnormal CXR							
Met any criteria	9	55	100%	22.5%	0%	14.1%	100%
Did not all fulfill criteria	0	16	(66.4 - 100)	(13.5 - 34.0)	(0 - 33.6)	(7.0 - 25.5)	(75.9 - 100)
Epidemiologic risk factors or Abnormal CXR							
Met any criteria	8	53	88.9%	25.4%	11.1%	13.1%	94.7%
Did not all fulfill criteria	1	18	(51.8 - 97.7)	(15.8 - 37.1)	(2.3 - 48.2)	(10.4 - 16.5)	(73.1 - 99.2)
Fever or Epidemiologic risk factors or Abnormal CXR							
Met any criteria	9	56	100%	21.1%	0%	13.8%	100%
Did not all fulfill criteria	0	15	(66.4 - 100)	(12.3 - 32.4)	(0 - 33.6)	(6.9 - 25.2)	(74.7 - 100)

Values are presented as statistical value (95% Confidence Interval).

<sup>a</sup>Initial fever ≥37.5.

<sup>b</sup>Presence of epidemiologic risk factors: (Sincheonji church members, hospital members, or patients from community infection areas like Cheongdodaenam hospital), recent history of visiting high-risk country, contact with a COVID-19 patient or COVID-19 suspected person.

Abnormal chest X-ray image defined a suggestive of pneumonic infiltration or a parapneumonic effusion.

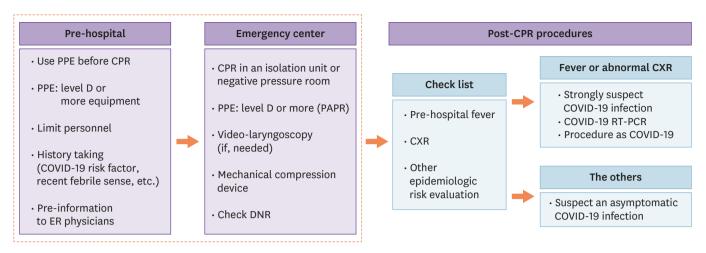
COVID-19, coronavirus disease 19; OHCA, out of hospital cardiac arrest; FNR, false negative rate; PPV, positive predictive value; NPV, negative predictive value; CXR, chest X-ray.

[7]. In this study, 5 patients (55.6%) who had an infection confirmed postmortem had developed fever before cardiac arrest. Eight patients (88.9%) in the COVID-19-positive group had a radiological pneumonic infiltration on CXR.

To determine factors that could predict COVID-19 infection in patients with OHCA, this study compared the sensitivities and specificities of the 7 OHCA screening criteria. The fever or abnormal CXR group showed a sensitivity of 100% and a specificity of 22.5%, respectively (**Table 4**). Although low specificity is a limitation, a test with high sensitivity is generally used for screening, whereas a test with a high specificity is used as a confirmatory test. As the performances of the confirmation test criteria to predict COVID-19 in patients with OHCA in the outbreak area, new criteria consisting of 2 variables (fever and abnormal CXR findings) would be reliable with a high sensitivity focus on subjects and an FNR close to 0% with narrow 95% CI in this study. Therefore, in an outbreak, it is appropriate to suspect possible positive cases when patients meet the fever or abnormal CXR criteria and to conduct an RT-PCR test in all patients with OHCA during emergency visits.

However, in the early phase of emerging infectious disease, because clear guidelines or studies for managing patients with OHCA had not been established, there has been confusion on the frontline of emergency services in the COVID-19 epidemic areas. Leading public health organizations such as the World Health Organization, the KCDC, and the American Heart Association issued temporary recommendations or updates that provided treatment guidelines that based on the evidence from previous outbreaks, such as severe acute respiratory syndrome and the Middle East respiratory syndrome [8]. In those recent resuscitation guidelines related to COVID-19, it is recommended that all patients are

#### Confirmation of COVID-19 for OHCA patients



**Figure 4.** Guidelines for management in OHCA patients and the confirmation test during the COVID-19 outbreak. OHCA, out of hospital cardiac arrest; COVID-19, coronavirus disease 19; CPR, cardiopulmonary resuscitation; PPE, personal protective equipment; ER, emergency room; PAPR, powered air purifying respirator; DNR, do not resuscitate; CXR, chest X-ray; RT-PCR, reverse transcription-polymerase chain reaction.

screened for COVID-19 symptoms (*e.g.*, fever, cough, shortness of breath) or any recent contact history with COVID-19-infected people before hospital arrival. However, as shown in the results of this study, screening using 2 variables (fever and/or epidemiologic risk factors) is not adequate for performing in emergency situations (FNR = 44.4%).

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According to the results of this study, it is recommended that the patient's medical history is obtained for screening and to perform CXR. If there are abnormal findings on the CXR or the patient presented with a fever before the visit, COVID-19 infection should be strongly suspected; hence, performing RT-PCR tests is strongly encouraged. However, asymptomatic infections in patients with COVID-19 have been confirmed in the literature and this study [9, 10]. Therefore, COVID-19 testing in all patients with OHCA is recommended, if possible, because COVID-19 screening with test results or symptoms may not be feasible when COVID-19 is not the main cause of cardiac arrest (**Fig. 4**).

This study has some limitations. First, the number of study subjects was limited because the study was conducted over a short period. The sample size was inadequate for statistical analysis and generalization. To overcome the sample size, a derivation cohort that was used targeting general COVID-19-infected patients, not patients with OHCA, also remains a limitation. Second, because of the retrospective nature of this study, the same approaches and examinations were not performed in all patients. Some OHCA may not have had a COVID-19 test despite the presence of related symptoms and an abnormal CXR. In Daegu, 85 patients with OHCA did not have an RT-PCR test because of the absence of guidelines for testing. Of the 85 patients, 2 patients presented with fever and 38 patients had abnormal CXR findings; some of these patients may have been infected.

In conclusion, screening for COVID-19 infection in patients with OHCA during outbreaks using screening tool with abnormal findings on the CXR or those who present with fever before hospital arrival is helpful. Moreover, further study should be continued to make adequate screening tool and guidelines for treatment.



# SUPPLEMENTARY MATERIAL

## **Supplementary Table 1**

Clinical laboratory data of OHCA patients in COVID-19 outbreak

**Click here to view** 

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