scientific reports



OPEN Abnormal physiological findings after FFR-based revascularisation deferral are associated with worse prognosis in women

Masahiro Hoshino¹, Tim P. van de Hoef^{2,3,4}, Joo Myung Lee⁵, Rikuta Hamaya^{6,7}, Yoshihisa Kanaji¹, Coen K. M. Boerhout², Guus A. de Waard³, Ji-Hyun Jung⁸, Seung Hun Lee⁹, Hernan Mejia-Renteria¹⁰, Mauro Echavarria-Pinto¹¹, Martijn Meuwissen¹², Hitoshi Matsuo¹³, Maribel Madera-Cambero¹⁴, Ashkan Eftekhari¹⁵, Mohamed A. Effat¹⁶, Koen Marques³, Joon-Hyung Doh¹⁷, Evald H. Christiansen¹⁵, Rupak Banerjee¹⁸, Chang-Wook Nam¹⁹, Giampaolo Niccoli²⁰, Tadashi Murai²¹, Masafumi Nakayama^{13,22}, Nobuhiro Tanaka²³, Eun-Seok Shin²⁴, Tetsuo Sasano²⁵, Yolande Appelman³, Marcel Beijk^{2,3}, Paul Knaapen³, Niels van Royen²⁶, Javier Escaned¹⁰, Bon Kwon Koo²⁷, Jan J. Piek² & Tsunekazu Kakuta¹

The prognostic value of abnormal resting Pd/Pa and coronary flow reserve (CFR) after fractional flow reserve (FFR)-guided revascularisation deferral according to sex remains unknown. From the ILIAS Registry composed of 20 hospitals globally from 7 countries, patients with deferred lesions following FFR assessment (FFR > 0.8) were included. (NCT 04485234) The primary clinical endpoint was target vessel failure (TVF) at 2-years follow-up. We included 1392 patients with 1759 vessels (n = 564 women, 31.9%). Although resting Pd/Pa was similar between the sexes (p = 0.116), women had lower CFR than men (2.5 [2.0-3.2] vs. 2.7 [2.1-3.5]; p = 0.004). During a 2-year follow-up period, TVF events occurred in 56 vessels (3.2%). The risk of 2-year TVF was significantly higher in women with low versus high resting Pd/Pa (HR: 9.79; p < 0.001), whereas this trend was not seen in men. (Sex: P-value for interaction = 0.022) Furthermore, resting Pd/Pa provided an incremental prognostic value for 2-year

¹Department of Cardiology, Tsuchiura Kyodo General Hospital, 4-1-1 Otsuno, Tsuchiura City, Ibaraki 300-0028, Japan. ²Department of Cardiology, Amsterdam UMC – location AMC, Amsterdam, The Netherlands. ³Department of Cardiology, Amsterdam UMC – location VUmc, Amsterdam, The Netherlands. ⁴Department of Cardiology, NoordWest Ziekenhuisgroep, Alkmaar, The Netherlands. ⁵Division of Cardiology, Department of Medicine, Samsung Medical Center, Heart Vascular Stroke Institute, Sungkyunkwan University School of Medicine, Seoul, Republic of Korea. ⁶Division of Preventive Medicine, Department of Medicine, Brigham and Women's Hospital and Harvard Medical School, Boston, MA, USA. ⁷Department of Epidemiology, Harvard T.H. Chan School of Public Health, Boston, MA, USA. ⁸Sejong General Hospital, Sejong Heart Institute, Bucheon, Korea. ⁹Division of Cardiology, Department of Internal Medicine, Chonnam National University Hospital, Gwangju, Korea. ¹⁰Hospital Clínico San Carlos, IDISSC, Universidad Complutense de Madrid, Madrid, Spain. ¹¹Hospital General ISSSTE Querétaro - Facultad de Medicina, Universidad Autónoma de Querétaro, Querétaro, México. ¹²Department of Cardiology, Amphia Hospital, Breda, The Netherlands. ¹³Department of Cardiovascular Medicine, Gifu Heart Center, Gifu, Japan. ¹⁴Department of Cardiology, Tergooi Hospital, Blaricum, The Netherlands. ¹⁵Department of Cardiology, Aarhus University Hospital, Aarhus, Denmark. ¹⁶Division of Cardiovascular Health and Disease, University of Cincinnati, Cincinnati, OH, USA. ¹⁷Department of Medicine, Inje University Ilsan Paik Hospital, Goyang, South Korea. ¹⁸Division of Cardiovascular Health and Diseases, Veteran Affairs Medical Center, University of Cincinnati Medical Center, Cincinnati, USA. ¹⁹Department of Medicine, Keimyung University Dongsan Hospital, Daegu, South Korea. ²⁰Department of Cardiovascular Medicine, Institute of Cardiology, Catholic University of the Sacred Heart, Rome, Italy. ²¹Cardiovascular Center, Yokosuka Kyosai Hospital, Yokosuka, Japan. ²²Cardiovascular Center, Toda Central General Hospital, Toda, Japan. ²³Department of Cardiology, Tokyo Medical University Hachioji Medical Center, Tokyo, Japan. ²⁴Department of Cardiology, Ulsan University Hospital, University of Ulsan College of Medicine, Ulsan, South Korea. ²⁵Department of Cardiovascular Medicine, Tokyo Medical and Dental University, Tokyo, Japan. ²⁶Department of Cardiology, Radboud University Medical Center, Nijmegen, The Netherlands. ²⁷Department of Internal Medicine, Cardiovascular Center, Seoul National University Hospital, Seoul, Republic of Korea. [⊠]email: kaz@joy.email.ne.jp

TVF over CFR assessment only in women. After FFR-based revascularisation deferral, low resting Pd/Pa is associated with higher risk of TVF in women, but not in men. The predictive value of Pd/Pa increases when stratified according to CFR values, with significantly high TVF rates in women in whom both indices are concordantly abnormal.

Clinical Trial Registration: Inclusive Invasive Physiological Assessment in Angina Syndromes Registry (ILIAS Registry), NCT04485234.

Abbreviations

- CI Confidence interval
- CAD Coronary artery disease
- CFR Coronary flow reserve
- CMD Coronary microvascular dysfunction
- FFR Fractional flow reserve
- HR Hazard ratio
- MI Myocardial infarction
- TVF Target vessel failure
- PCI Percutaneous coronary intervention

Previous studies investigating differences in fractional flow reserve (FFR) across sexes showed that stenoses of similar angiographic severity are less likely to generate ischemic FFR values in women when applying the uniform contemporary FFR threshold^{1,2}. Some of these studies have found that, at a difference with FFR, instantaneous wave-free ratio (iFR) values are not influenced by sex². As sex-related differences may affect therapeutic decision-making, potential sex-related differences in the prognostic value of physiological testing in patients with intermediate coronary artery disease (CAD) is an important clinical concern.

The outlined sex differences in pressure-based coronary indices may have an origin in the microcirculation. Because FFR values have been reported to be influenced by the presence of coronary microvascular dysfunction (CMD), patients with FFR-based deferral and concomitant CMD may have a higher risk of long-term events than similar patients with a normal microcirculation. Yet, evidence on this topic is scarce and sometimes even paradoxical when analyzed from the sex perspective. In patients with FFR-based deferral of revascularisation it has previously been noted that, despite women showing lower values of coronary flow reserve (CFR) than men, long-term outcomes are similar between men and women³. Tentative explanations for the paradoxical findings outlined above include the presence of higher resting flow, smaller vessel size and smaller left ventricular mass in women, part of which impact FFR, but particularly changes in resting flow may also impact resting pressure measurements³⁻⁵.

On these grounds, we sought to investigate the relationship between patient sex, resting pressure indices and CFR, and the prognostic impact of this association in patients in whom coronary revascularization was deferred after FFR assessment.

Method

Study population. The ILIAS (Inclusive Invasive Physiological Assessment in Angina Syndromes) registry is a global, multi-center initiative pooling lesion-level coronary pressure and flow data, as well as vessel-level clinical outcome data. The registry is composed of 20 expert medical institutes from the Netherlands, Korea, Japan, Spain, Denmark, Italy and the United States of America. All data were prospectively gathered in local study protocols. Patients who underwent clinically indicated invasive coronary angiography and comprehensive invasive physiological assessment of at least one native coronary artery were enrolled in the registry. We enrolled patients who underwent clinically indicated invasive coronary angiography due to the reasons as follows: (1) symptoms suggestive of coronary artery disease, such as chest pain. (2) new or worsening chest symptoms. (3) abnormal results on a noninvasive stress imaging test. Patients with hemodynamic instability, significant valvular disease and prior coronary artery bypass graft surgery, as well as culprit vessels of acute coronary syndromes were excluded. Individual patient data for pooled analysis were collected using standardized spreadsheets and a fully compliant cloud-based clinical data platform (Castor EDC, Amsterdam, The Netherlands). Standardized definitions were used for all variables. ILIAS Registry was registered at Clinicaltrials.gov (ClinicalTrials.gov Identifier: NCT04485234).

From a total of N = 3046 vessels in the ILIAS Registry, patients with deferred lesions after FFR assessment were included. We excluded vessels with missing values in pre-PCI physiological indices including FFR, CFR, and resting Pd/Pa. We also excluded patients with acute ST-elevation myocardial infarction (MI) or missing age and sex, leaving N = 2100 vessels. Lesions with FFR \leq 0.8 were excluded. Finally, 1759 vessels in 1392 patients with complete follow-up represented the study population in this analysis. (Supplemental Figure 1).

Coronary angiography and physiological assessment. Coronary angiography and intracoronary testing were performed in all institutions using similar, standard techniques. After diagnostic coronary angiography, invasive physiological indices were measured using either separate pressure- (PressureWire, RADI medical – now Abbott Vascular, St Paul, MN) and Doppler velocity sensor-equipped coronary guidewires (FloWire, Endosonics – now Philips-Volcano, San Diego, CA), dual pressure- and Doppler flow velocity-equipped guide wire (ComboWire, Volcano Corp. – now Philips-Volcano, San Diego, CA), or a temperature-sensitive pressure

sensor-equipped guide wire (PressureWire, St Jude Medical- now Abbott Vascular, St. Paul, MN) using routine techniques. Intracoronary nitrate (100 or 200 µg) was administered before physiologic measurements. Using the Doppler velocity technique, baseline (bAPV) and hyperemic average peak flow velocities (hAPV) were labeled baseline and hyperemic flow, respectively. Using the coronary thermodilution technique, resting and hyperemic thermodilution curves were obtained in triplicate using three injections (4 mL each) of room-temperature saline, and the inverse of the average basal (bTmn) and hyperemic mean transit times (hTmn) were labeled baseline and hyperemic flow, respectively. Hyperemia was induced by intravenous infusion of adenosine (140 µg/kg per min) or adenosine triphosphate (ATP) (150 µg/kg per min) through a peripheral or central vein, intracoronary bolus injection of adenosine (20-200mcg), or intracoronary bolus injection of nicorandil (3 mg), according to local standards. Resting Pd/Pa was calculated as the ratio of mean distal coronary pressure to mean aortic pressure during resting state, and resting Pd/Pa ≤ 0.92⁶ was considered abnormal. CFR was calculated as the ratio of hyperemic to basal coronary flow, and CFR < 2.0⁷ was considered abnormal.

Follow-up and clinical assessment. Clinical follow-up was obtained at outpatient clinic visits or by telephone contact to ascertain the occurrence of target vessel failure (TVF). TVF was defined as the composite of cardiac death, acute MI not clearly attributable to a nontarget vessel, and clinically driven revascularization of the target vessel by means of coronary artery bypass graft surgery or PCI. In the study, clinical endpoints were assessed by the 2-year incidence of TVF for the effect of sex on the prognostic impact of the resting coronary flow index in patients whose revascularization was deferred after measuring FFR. All patient-reported events were verified by evaluating hospital records or contacting the treating cardiologist or general-practitioner.

Declarations section. This study was conducted in compliance with the guidelines of the Institutional Ethics Committee of Tsuchiura Kyodo General Hospital and received its approval (TKGH-IRB 2021FY98). This study also complied with the Declaration of Helsinki for investigation in human beings, and all patients provided written informed consent before enrollment.

Statistical analysis. Data were analyzed on a per-patient basis for clinical characteristics and on a pervessel basis for all other calculations. Continuous variables are presented as mean ± SD or median (first, third quartile [Q1, Q3]) and were compared with the Student t-test or Mann-Whitney U test. Categorical variables are presented as counts and percentages and were compared using Pearson's chi-square test or Fisher exact test. Data including clinical outcomes were analyzed on a per-vessel basis. The cumulative incidence of 2-year TVF was presented as Kaplan-Meier curves and compared using a log-rank test. Event rates over time across groups defined by each sex and normal/abnormal physiological indices were visualized using the Kaplan-Meier method. To identify the independent predictors associated with 2-year TVF, multivariable Cox regression analysis was performed with covariates including diabetes, hyperlipidemia, CFR, and resting Pd/Pa. Three prediction models were constructed to determine the incremental discriminatory and reclassification performance of CFR and resting Pd/Pa for 2-year TVF. As a baseline, the clinical model 1 was derived from age, hypertension, diabetes mellitus, hyperlipidemia. The clinical model 2 was derived from clinical model 1 + CFR. In the clinical model 3, Pd/Pa was added. The discrimination ability of the models was estimated using the area under the receiveroperating characteristic curve (AUC) based on logistic regression, and the comparison of AUC between models was performed by using DeLong's method. Furthermore, the net reclassification index (NRI) and integrated discrimination improvement (IDI) were calculated to assess the reclassification performance.

All analyses were two-tailed, and statistical significance was defined as P < 0.05. Statistical analyses were performed using SPSS 25.0 for Windows (SPSS-PC, Chicago, IL, USA), and R version 3.6.0 (R Foundation for Statistical Computing, Vienna, Austria).

Result

Baseline characteristics. Baseline characteristics of the study population are shown in Table 1. The mean (SD) age was 63.2 (10.1) years and there were 428 (30.8%) women in 1392 patients included in the present analysis. Clinical presentation was UAP or NSTE-ACS in 146 (10.5%) patients. Median (Q1, Q3) FFR, resting Pd/Pa, and CFR were 0.90 (0.86, 0.95), 0.97 (0.94, 0.99), and 2.6 (2.0, 3.4), respectively. Among 1759 vessels, 889 (50.5%) had an LAD lesion, with evidence of mild to intermediate epicardial disease (diameter stenosis: $44.8 \pm 16.6\%$; FFR: 0.90 [Q1, Q3: 0.86, 0.95]). Compared with men, women had higher FFR (p < 0.001), lower CFR (p = 0.004), and higher Pd and Pa at rest and hyperemia. There was no significant sex difference in the resting Pd/Pa (p = 0.116). The median CFR was 2.7 (Q1, Q3: 2.1, 3.5) and 2.5 (Q1, Q3: 2.0, 3.2), and the median resting Pd/Pa was 0.97 (Q1, Q3: 0.94, 0.99) and 0.97 (Q1, Q3: 0.94, 0.97), for men and women, respectively. Whether using the Doppler velocity technique or the thermodilution method, resting coronary flow was not associated with resting Pd/Pa, regardless of sex. (Supplemental Figure 2) Supplemental Table 1 showed physiological findings in men and women in Pd/Pa ≤ 0.92 vs >0.92. Physiological findings in men and women according to the events were shown in Supplemental Table 2 (Fig. 1).

Association of resting Pd/Pa and CFR with clinical outcomes. A total of 56 TVF events (3.2%) were recorded during 2-year follow-up. There is no significant difference in the event rate or the results according to the vessel location involved and 2-year TVF. [Left anterior descending artery 26/897 (2.9%), right coronary artery 13/446 (2.9%), Left circumflex artery 17/416 (4.1%), P=0.488.] Diabetes mellitus, low CFR, and resting Pd/Pa were found to be independent predictors of 2-year TVF in the overall population, (Table 2A) while in a subgroup analysis for each sex, resting Pd/Pa was identified as an independent predictor of TVF only in women. (Table 2B and 2C) Fig. 2 represents the cumulative incidence of TVF stratified according to sex and resting Pd/Pa variables.

	Total (1392 patients)	Women (428 patients)	Men (964 patients)	P value
Age, y	63.2±10.1	64.3 ± 10.5	62.7±9.9	0.006
Hypertension	799 (57.4)	257 (60.0)	542 (56.5)	0.242
Diabetes mellitus	362 (26.0)	97 (22.7)	265 (27.6)	0.062
Hyperlipidemia	874 (62.8)	251 (58.6)	623 (64.8)	0.032
Current smoker	303 (21.8)	68 (16.0)	235 (24.8)	< 0.001
Previous MI	236 (17.0)	52 (12.2)	184 (19.1)	0.002
Clinical status (NSTEMI)	146 (10.5)	41 (9.6)	105 (10.9)	0.514
	(1759 vessels)	(561 vessels)	(1198 vessels)	
QCA				
Diameter stenosis	44.8 ± 16.6	43.6±16.9	45.3±16.5	0.076
Lesion length	10.3 (6.5–15.9)	10.0 (6.4–15.4)	10.5 (6.6–16.8)	0.460
Lesion location (LAD/RCA/LCx)	1228/418/113	309/130/116	580/312/297	0.025
Physiological parameters		·		
Resting Pd/Pa	0.97 (0.94–0.99)	0.97 (0.94–0.99)	0.97 (0.94–0.99)	0.212
Pd at rest	94 (84–94)	98 (87–109)	93 (84–103)	< 0.001
Pa at rest	98 (88-108)	100 (91–112)	96 (87–107)	< 0.001
FFR	0.90 (0.86-0.95)	0.92 (0.87–0.96)	0.90 (0.85-0.94)	< 0.001
Pd at hyper	81 (71–91)	85 (75-96)	79 (70–90)	< 0.001
Pa at hyper	90 (79–100)	93 (83–93)	88 (78–99)	< 0.001
CFR	2.6 (2.0-3.4)	2.5 (2.0-3.2)	2.6 (2.0-3.4)	0.007
Tmn at rest	0.69 (0.45-0.97)	0.60 (0.40-0.88)	0.74 (0.47-1.02)	< 0.001
Tmn at hyperemic	0.23 (0.17-0.32)	0.22 (0.16-0.31)	0.23 (0.17-0.32)	0.069
bAPV	15.7 (12.0-20.3)	16.3 (12.9–21.2)	15.3 (11.8-20.0)	0.007
hAPV	33.9 (30.2-49.2)	41.5 (33.1-50.4)	37.2 (29.0-48.4)	0.001

Table 1. Baseline characteristics. Data are presented as n (%) or median (Q1–Q3). *MI* Myocardial infarction, *NSTEMI* Non-ST segment elevation myocardial infarction, *QCA* Quantitative coronary angiography, *LAD* Left anterior descending artery, *RCA* Right coronary artery, *LCx* Left circumflex artery, *FFR* Fractional flow reserve, *CFR* Coronary flow reserve, *Tmn* Mean transit time, *APV* Average peck flow velocity.





Figure 1. Kaplan–Meier time to event curves for target vessel failure during 2-year follow-up across the sexes. The 2-year TVF survival free rate was compared across the sex. *TVF* Target vessel failure.

Pa during 2 years of follow-up. In the risk comparison analyses, women with abnormal resting Pd/Pa showed the highest risk of 2-year TVF. Women with abnormal resting Pd/Pa compared with normal one showed a hazard ratio of 9.79 (Fig. 2, 95% CI 3.43–27.93; p < 0.001). Seven women with abnormal resting Pd/Pa underwent 2-year TVF. (3 acute MI and 4 TVF).

Figure 3A depicts the Kaplan–Meier curves for 2-year TVF across the groups defined by normal and abnormal resting Pd/Pa and CFR in patients in whom revascularization was deferred following FFR measurements. Concordant abnormal resting Pd/Pa and CFR group carried the highest risk for TVF, while in a subgroup analysis for each sex, these two indices were identified as independent predictors of 2-year TVF only for women. (Fig. 3B and 3C) These results were consistent with per-patient analyses. (Supplemental Figure 3 and 4.)

ROC analyses also revealed differences between the sexes in the prognostic values of these measures. In women, compared with the clinical model 1 (AUC: 0.665), the model accuracy for 2-year TVF tended to increase with the addition of CFR (model 2, AUC: 0.744; p = 0.083). The model accuracy was further improved when

	Univariable analysis			Multivariable analysis			
	HR	95% CI	P value	HR	95% CI	P value	
(A). Overall							
Age	1.03	1.00-1.06	0.031				
Men	1.40	0.76-2.56	0.279				
Hypertension	1.08	0.63-1.83	0.789				
Diabetes mellitus	2.05	1.20-3.49	0.008	1.81	1.06-3.10	0.030	
Hyperlipidemia	1.72	0.95-3.10	0.074	1.55	0.85-2.82	0.150	
Diameter stenosis	1.03	1.01-1.05	0.002				
FFR	0.001	0.1×10^{-4} - 0.18	0.008				
Resting Pd/Pa (continuous variable)	0.2×10^{-4}	0.5×10^{-7} - 0.9×10^{-2}	< 0.001	0.1×10^{-3}	0.2×10^{-7} -0.08	0.006	
CFR (continuous variable)	0.54	0.393-0.744	< 0.001	1.01	0.43-0.79	< 0.001	
(B). Women							
Age	1.03	0.98-1.09	0.235				
Diabetes mellitus	1.38	0.43-4.39	0.588				
Hyperlipidemia	3.01	0.84-10.78	0.091				
Diameter stenosis	1.06	1.03-1.10	< 0.001				
FFR	3.4×10^{-11}	$4.4\!\times\!10^{-17}\!-\!0.3\!\times\!10^{-4}$	< 0.001				
Resting Pd/Pa (continuous variable)	5.2×10^{-8}	$6.6\!\times\!10^{-11}\!-\!0.4\!\times\!10^{-4}$	< 0.001	2.3×10^{-8}	$9.5 \times 10^{-12} - 0.6 \times 10^{-4}$	< 0.001	
CFR (continuous variable)	0.36	0.17-0.76	0.007	0.41	0.20-0.86	0.013	
(C). Men							
Age	1.03	1.00-1.07	0.059	1.02	0.99–1.06	0.161	
Diabetes mellitus	2.26	1.23-4.15	0.008	2.15	1.17-3.95	0.014	
Hyperlipidemia	1.38	0.70-2.69	0.351				
Diameter stenosis	1.02	0.99-1.04	0.162				
FFR	0.17	$0.7 \times 10^{-3} - 42.5$	0.533				
Resting Pd/Pa (continuous variable)	0.01	$0.3 \times 10^{-5} - 72.49$	0.330				
CFR (continuous variable)	0.59	0.42-0.84	0.003	0.62	0.44-0.88	0.007	

Table 2. Univariate and multivariate cox regression analysis of predicting 2-year TVF. *TVF* Target vessel failure, *FFR* Fractional flow reserve, *CFR* Coronary flow reserve; *HR* Hazard ratio; *CI* Confidence interval.



Figure 2. Kaplan–Meier time to event curves for target vessel failure during 2-year follow-up across the groups defined by normal/abnormal resting Pd/Pa and sex. The 2-year TVF survival free rate was stratified according to sex and resting Pd/Pa. In the risk comparison analyses, women with abnormal resting Pd/Pa showed the highest risk of 2-year TVF. Abbreviations are listed in Fig. 1.

resting Pd/Pa was added to the model 2 with the highest AUC (model 3, AUC: 0.814; p = 0.026), (Fig. 4A) whereas these trends were not seen in men. (Fig. 4B) Furthermore, the model 3 showed significant incremental reclassification ability for 2-year TVF (NRI: 0.895, p < 0.001; IDI: 0.064, p = 0.020) compared with the model 2 in women, whereas the model 3 provided no incremental reclassification ability for 2-year TVF in men (NRI: 0.071, p = 0.652; IDI: 0.004, p = 0.308).

The exploratory subgroup analyses indicated that resting Pd/Pa showed the quantitative interaction of the sex effect. No other significant interactions were observed. (Supplemental Table 3).







Model 1: age + HTN + DM + HL Model 2: age + HTN + DM + HL + CFR Model 3: age + HTN + DM + HL + CFR + resting Pd/Pa

Prediction Model	C-stastics	P value	IDI	P value	NRI	P value
Clinical model 1	0.665		Reference	-	Reference	-
Clinical model 2	0.744	0.083	0.027	0.006	0.826	<0.001
Clinical model 3	0.814	0.026	0.012	<0.001	0.719	0.006
Clinical model 2	0.744		Reference		Reference	
Clinical model 3	0.814	0.034	0.064	0.020	0.895	< 0.001

Model 1: age + HTN + DM + HL Model 2: age + HTN + DM + HL + CFR Model 3: age + HTN + DM + HL + CFR + resting Pd/Pa

Prediction Model	C-stastics	P value	IDI	P value	NRI	P value
Clinical model 1	0.641		Reference		Reference	
Clinical model 2	0.686	0.083	0.010	0.004	0.287	0.061
Clinical model 3	0.685	0.076	0.011	0.004	0.285	0.062
Clinical model 2	0.686		Reference		Reference	-
Clinical model 3	0.685	0.771	0.0004	0.308	0.071	0.652

Figure 4. Comparison of ROC curves for clinical models to predict 2-year target vessel failure. The AUC of the ROC curve was improved by combining CFR and resting Pd/Pa in (**A**) women, whereas this trend was not seen in (**B**) men. *ROC* Receiver-operating characteristic, *AUC* Area under the curve. Other abbreviations are listed in Fig. 1 and Fig. 3.

Discussion

The aim of this study was to investigate, from a patient's sex perspective, the prevalence and prognostic implications of abnormal physiological indices in patients with deferred coronary revascularization based on FFR. The key findings were that, compared with men, 1) women had higher resting coronary flow, and that 2) abnormal resting Pd/Pa was associated with an increased rate of 2-year TVF, particularly in women in whom CFR was also abnormal. Our study also confirmed the existence of an overall relationship between impaired CFR and midterm outcomes after FFR-based deferral of revascularisation. The implications of these findings are discussed in the following paragraphs.

Difference in physiological indices and prognosis between women and men. In this study, women had higher FFR, lower CFR, and similar resting Pd/Pa compared with men, and overall demonstrated a similar incidence of adverse cardiac events. (Fig. 1) The associations between CFR, resting coronary flow and sex noted in our study were previously reported by Wieneke et al.⁸ Women generally have older age, smaller vessel

size⁴, higher resting coronary flow^{3,9}, and a higher prevalence of microvascular dysfunction at the time of physiological assessment¹⁰, all of which may impact coronary physiological indices differences between the sexes.

Compared with FFR, there have been limited reports on the sex differences in resting coronary pressure indices. In accordance with previous studies^{2,11}, there were no significant differences in resting Pa/Pa values between the sexes in the current analysis, and the angiographic stenosis severity was also similar.

Previously, despite a resulting lower revascularization rate in women, iFR- and FFR-guided strategies showed comparable clinical outcomes, regardless of sex². However, differences in prognostic value of resting Pd/Pa according to sex has not been well defined.

From a historical perspective, high resting flow was previously considered an innocent cause of false positive readings of CFR and, overall, a caveat of the index that should be taken into account in formulating alternative, corrected versions of CFR⁸. However, high resting coronary flow may be an epiphenomenon of physiological derangements at a systemic¹² or cardiac level^{13,14}, suggesting the presence of disturbed regulation of resting myocardial flow, and implicating a potential prognostic relevance. Studies on coronary flow responses to exercise have shown that the presence of high resting coronary flow with preserved maximal arteriolar vasodilation is associated to increased release of NT-proBNP, lower exercise coronary perfusion efficiency and higher rates of inducible myocardial ischaemia¹⁵. Speculative explanation can be done from this perspective that the prognostic value of abnormal CFR indicates not only an impaired maximal microvascular vasodilation of the coronary circulation, but also an abnormally high vasodilation at rest.

As previously described, women are less likely to experience a cardiovascular event than men, and furthermore, women remain significantly less likely to undergo revascularization than men^{3,16,17}. Although the combined measurement of resting Pd/Pa and CFR has not been reported to identify specific coronary pathology underlying intermediate CAD, we hypothesized sex differences of resting coronary flow components could potentially enhance risk stratification, although no specific physiological mechanism has been determined.

Impact of microvascular disease on sex differences. The WISE (Women's Ischemia Syndrome Evaluation) study¹⁰ showed that women with angina without obstructive coronary artery disease are more likely to have microvascular dysfunction assessed by CFR. However, a recent study on sex differences with invasive measurements of microvascular function showed that the hyperemic coronary flow and IMR were not different according to sex³. In contrast, resting coronary flow was noted to be higher in women, thereby potentially accounting for low CFR values³. Previous studies showed that small arteries with high resting coronary flow in women may provide a protective effect through the high endothelial shear stress, leading to a lower cardiovascular event rate^{18,19}. The exact relationship between microvascular dysfunction in women with ischemia without significant epicardial stenosis and worse prognosis has not been completely elucidated. For understanding the specific coronary hemodynamics in the individual perfusion mechanisms, especially in women, information from combined assessment of FFR and CFR may not be sufficient, and our results strongly suggest the need for the assessment of resting coronary flow for the prognostic information, particularly in lesions of women with revascularization deferral by FFR>0.80. Therefore, when we risk stratify patients with CAD, this study indicates the importance to consider the difference in prognostic values of both CFR and resting coronary flow or the combination of these two metrics between the sexes. Our data suggested that combined assessment of resting Pd/Pa and CFR, particularly in women, could help further risk stratification for patients with deferred revascularization after FFR assessment.

Limitations. The results of this study should be interpreted with considering several limitations. First, this study is a subgroup analysis of ILIAS Registry (NCT 04,485,234) and enrolled patients with deferred lesions following FFR assessment (FFR>0.8) in the real-world clinical practice. The current registry included younger patients, patients with lower prevalence of diabetes mellitus and hypertension and showed a small number of events during the follow-up period. However, the event rate was comparable to the previously published similar registry study²⁰. This limitation precluded extensive subgroup analyses to explore the effect of sex on the prognosis. In addition, the registry included a relatively small number of events in women, which may not allow extensive subgroup analyses to determine the effect of sex on the prognostic information of the resting pressure index. Second, revascularization decision makings and subsequent treatment strategies were based on the operator's discretion without the prospectively defined procedure algorithm. Although the present analysis was performed according to clinical guidelines applicable at the time of the coronary angiography, this may have resulted in a certain level of selection bias. Third, since this study analyzed the data from the international multicenter registry, the detailed records of medical management were not available in the present registry. Fourth, the enrolled patients had a symptom suggestive of angina or were considered indicative of invasive coronary angiograms, but the details of the severity of angina were not reported. Fifth, there were numerical differences in the number of registered patients and the event rates across the centers. The exact reason for this heterogeneity remains to be determined. Sixth, invasive physiological indices were obtained using different techniques by either Doppler velocity sensor-equipped coronary guidewires or temperature-sensitive pressure sensor-equipped guidewires in the present study, the poor-quality data acquisition with Doppler observed in approximately 30%²¹ of patients may cause some degree of heterogeneity or bias among the study populations from each center. Seventh, the incidence of TVF was based on physician reporting and was not adjudicated by the events committee. Finally, ILIAS Registry lacks measurements of cardiac mass and vessel size, which may be largely associated with the sex and physiological indices.

Conclusions

In a large global registry, we found sex-related differences in the prognostic impact of resting coronary flow using resting Pd/Pa in patients with deferred revascularization based on FFR measurements. Women had higher FFR, lower CFR, and similar resting Pd/Pa compared with men, and showed similar cardiac events in the present large registry. However, in women in whom PCI was deferred after FFR evaluation, resting Pd/Pa provided a significant and incremental prognostic on top of CFR assessment in predicting future vessel-oriented adverse outcomes, which was not seen in men.

Data availability

The datasets used and/or analyzed during the current study available from the corresponding author on reasonable request.

Received: 24 April 2022; Accepted: 13 January 2023 Published online: 19 January 2023

References

- 1. Kim, H. S. et al. The impact of sex differences on fractional flow reserve-guided percutaneous coronary intervention: A FAME (fractional flow reserve versus angiography for multivessel evaluation) substudy. JACC Cardiovasc. Interv. 5, 1037–1042 (2012).
- Kim, C. H. et al. Sex differences in instantaneous wave-free ratio or fractional flow reserve-guided revascularization strategy. JACC Cardiovasc. Interv. 12, 2035–2046 (2019).
- Chung, J. H. et al. Effect of sex difference of coronary microvascular dysfunction on long-term outcomes in deferred lesions. JACC Cardiovasc. Interv. 13, 1669–1679 (2020).
- Hiteshi, A. K. et al. Gender differences in coronary artery diameter are not related to body habitus or left ventricular mass. Clin. Cardiol. 37, 605–609 (2014).
- Fairbairn, T. A. et al. Sex Differences in coronary computed tomography angiography-derived fractional flow reserve: Lessons from ADVANCE. JACC Cardiovasc. Imaging 13, 2576–2587 (2020).
- 6. Jeremias, A. *et al.* Multicenter core laboratory comparison of the instantaneous wave-free ratio and resting Pd/Pa with fractional flow reserve: The RESOLVE study. *J. Am. Coll. Cardiol.* **63**, 1253–1261 (2014).
- Kern, M. J. *et al.* Physiological assessment of coronary artery disease in the cardiac catheterization laboratory: A scientific statement from the American heart association committee on diagnostic and interventional cardiac catheterization, council on clinical cardiology. *Circulation* 114, 1321–1341 (2006).
- Wieneke, H. et al. Corrected coronary flow velocity reserve: A new concept for assessing coronary perfusion. J. Am. Coll. Cardiol. 35, 1713–1720 (2000).
- 9. Orshal, J. M. & Khalil, R. A. Gender, sex hormones, and vascular tone. Am. J. Physiol. Regul. Integr. Comp. Physiol. 286, R233-249 (2004).
- Doyle, M. *et al.* Prognostic value of global MR myocardial perfusion imaging in women with suspected myocardial ischemia and no obstructive coronary disease: Results from the NHLBI-sponsored WISE (women's ischemia syndrome evaluation) study. *JACC Cardiovasc. Imaging* 3, 1030–1036 (2010).
- Shah, S. V. et al. Sex Differences in adenosine-free coronary pressure indexes: A CONTRAST substudy. JACC Cardiovasc. Interv. 11, 1454–1463 (2018).
- Tona, F. et al. New insights to the potential mechanisms driving coronary flow reserve impairment in cushing's syndrome: A pilot noninvasive study by transthoracic doppler echocardiography. *Microvasc. Res.* 128, 103940 (2020).
- Kozakova, M. et al. Mechanisms of coronary flow reserve impairment in human hypertension. An integrated approach by transthoracic and transesophageal echocardiography. Hypertension 29, 551–559 (1997).
- Neishi, Y. et al. Reduced coronary flow reserve in patients with congestive heart failure assessed by transthoracic Doppler echocardiography. J. Am. Soc. Echocardiogr. 18, 15–19 (2005).
- Rahman, H. et al. Physiological stratification of patients with angina due to coronary microvascular dysfunction. J. Am. Coll. Cardiol. 75, 2538-2549 (2020).
- Hoshino, M. *et al.* Sex differences in long-term outcomes in patients with deferred revascularization following fractional flow reserve assessment: international collaboration registry of comprehensive physiologic evaluation. *J. Am. Heart Assoc.* 9, e014458. https://doi.org/10.1161/JAHA.119.014458 (2020).
- Kobayashi, Y., Aoi, S. & Latib, A. Sex Differences in coronary microvascular dysfunction and its relationship with outcome. JACC Cardiovasc. Interv. 13, 1680–1682 (2020).
- Patel, M. B., Bui, L. P., Kirkeeide, R. L. & Gould, K. L. Imaging microvascular dysfunction and mechanisms for female-male differences in CAD. JACC Cardiovasc. Imaging. 9, 465–482 (2016).
- Chatzizisis, Y. S. *et al.* Role of endothelial shear stress in the natural history of coronary atherosclerosis and vascular remodeling: Molecular, cellular, and vascular behavior. *J. Am. Coll. Cardiol.* 49, 2379–2393 (2007).
- Kuramitsu, S. et al. Two-year outcomes after deferral of revascularization based on fractional flow reserve: The J-CONFIRM registry. Circ. Cardiovasc. Interv. 13, e008355. https://doi.org/10.1161/CIRCINTERVENTIONS.119.008355 (2020).
- 21. Barbato, E. *et al.* Validation of coronary flow reserve measurements by thermodilution in clinical practice. *Eur. Heart J.* **25**, 219–223 (2004).

Author contributions

M.H., T.vdH., R.H., and T.K. analyzed and interpreted the patient data. M.H., T.vdH., JM.L., R.H., Y.K., CKM.B., GA.dW., JH.J., SH.L., H.MR., M.E., M.M., H.M., M.MC., A.E., MA.E., K.M., JH.D., EH.C., R.B., CW.N., G.N., T.M., M.N., N.T., ES.S., T.S., Y.A., M.B., P.K., N.VR., J.E. and BK.K. made effort to enroll the patients. M.H., T.vdH., Y.A., M.B., J.E., JJ.P. and T.K. were major contributors in writing the manuscript. All authors read and approved the final manuscript.

Competing interests

TvdH has received speaker fees and institutional research grants from Abbott and Philips. JML received research grants from Abbott and Philips. MEP has received speaker fees from Abbott and Philips. NvR has received speaker fees and institutional research grants from Abbott and Philips. BKK has received institutional research grants from Abbott and Philips. BKK has received institutional research grants from Abbott as consultant for Philips/Volcano, and

has received institutional research grants from Philips. The other authors report no relationship with industry related to this work.

Additional information

Supplementary Information The online version contains supplementary material available at https://doi.org/ 10.1038/s41598-023-28146-6.

Correspondence and requests for materials should be addressed to T.K.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

© The Author(s) 2023